

### **What is MedExpert?**

MedExpert is an Individual Medical Decision Support service (IMDS) that provides current, accurate, and unbiased information on 22,000+ recognized medical conditions and 16,000+ pharmaceuticals. They have doctors and trained healthcare professionals who are available by phone to discuss your health and your healthcare.

Considering treatment options? Not sure about surgery? Need help navigating the healthcare system? Want information about prescription drugs or their possible interactions?

Talk to MedExpert; they're here to work hard for you.

Whether it's a small health concern or a chronic health problem, MedExpert can help you.

### **Why is the union supporting MedExpert?**

As healthcare costs continue to escalate and as a way to help control these costs your union supports MedExpert and the idea of providing access to up-to-the minute standards of care and best-practice information. This medical expertise service is designed to improve individual health outcomes and reduce unnecessary spending.

MedExpert works alongside your current treating physician or, they can help to find the right physician for you. The information you'll receive from MedExpert will help to make you an empowered health care consumer and will enhance the time you spend with your doctor.

Here are a few general examples of the potential of MedExpert's value:

- When you talk with a MedExpert representative about joint replacement surgery, they have the ability to search for a doctor with the specific experience needed within your health plan and can make an appointment for you.
- When you talk with a MedExpert representative about diabetes treatment you might wish to give them permission to view your currently prescribed diabetes medications and routine. If changes or modifications are suggested, they can help you understand the appropriate questions which will help you convey any area of concern to your doctor.
- When you talk with a MedExpert representative about asthma medications, they may know of a new treatment option or product that is less costly than the one you're currently using.

Call MedExpert today at 1-800-999-1999, 7 am–7 pm Pacific Time, Monday through Friday. Or send an email by visiting [www.medexpert.com/members.html](http://www.medexpert.com/members.html).